

What to Expect From Your New Bridge

Shaping your tooth for a bridge will usually cause some temporary sensitivity to cold. The gums around the teeth will also be tender due to the process. These symptoms typically subside within 1-2 weeks.

The following instructions will help minimize complications:

1. **Do not eat or chew until the numbness wears off.**
It is very easy to cause serious damage to your lip, tongue and cheek while numb.
2. Ensure that the temporary bridge stays on the tooth. If the temporary bridge is lost, the teeth will shift and the permanent bridge will not fit. **Please contact us immediately if the temporary comes off.**
3. Do not eat hard, sticky, or chewy foods (such as nuts, gum, etc.) as they will dislodge the temporary bridge.
4. Brush around the temporary bridge normally, **but do not floss.** Flossing will dislodge the temporary. Once the actual bridge is seated, you should resume flossing.
5. It is extremely important that the permanent bridge be seated in a timely fashion. If too much time passes between preparing the teeth and seating the bridge, the bridge will not fit. This can occur even if the temporary bridge stays in place. **If this occurs, the teeth must be re-prepared, the lab must fabricate a new bridge, and additional fees will be assessed to cover the expense.**
6. Take over the counter pain medication (like Advil or Tylenol) 3 times per day for 3 days to help settle the nerve and soothe sore gums.
7. Your temporary bridge should not feel "high." If your bite feels off please contact us immediately. If the bridge is high, it will make the teeth sore. Adjustment is very quick.

After Hours Emergency Number
817-689-3837